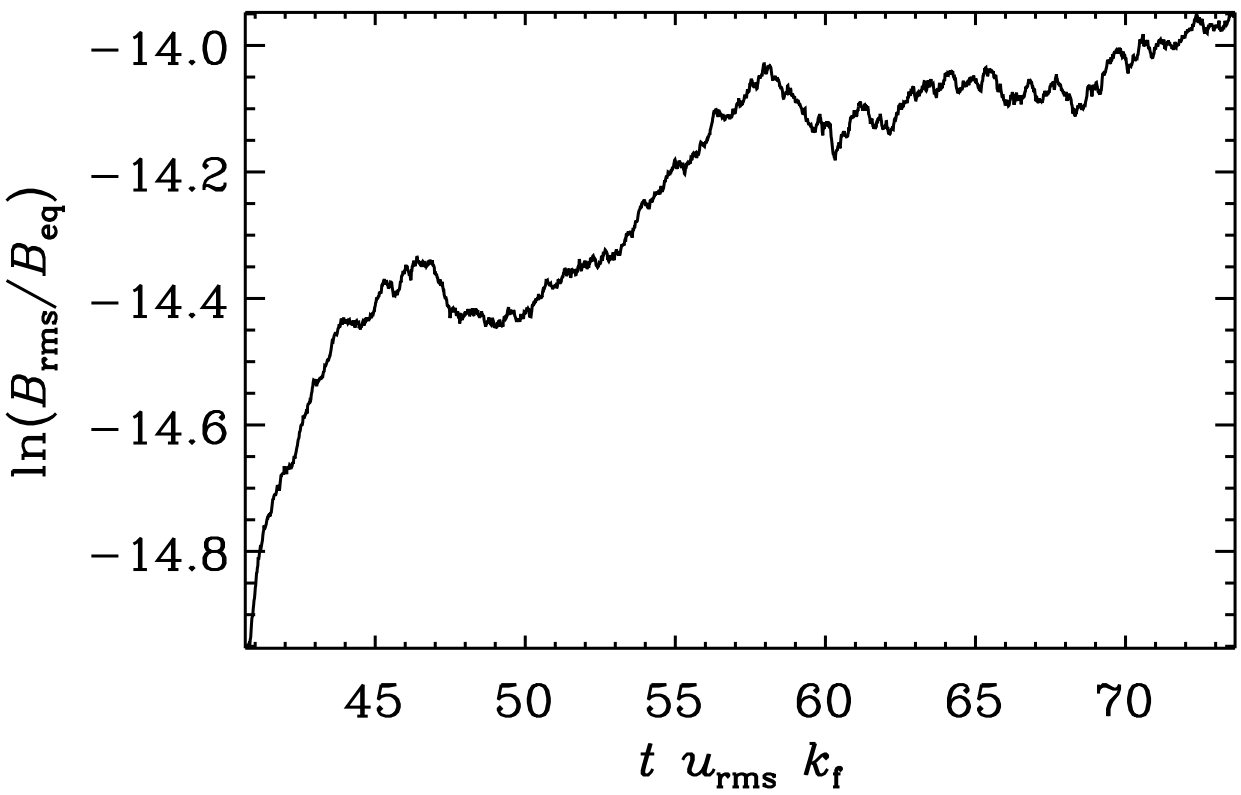
−14.0
−14.2
−14.4
−14.6
−14.8
ln(B_rms/B_eq)
45
50
55
60
65
70
t u_rms k_f